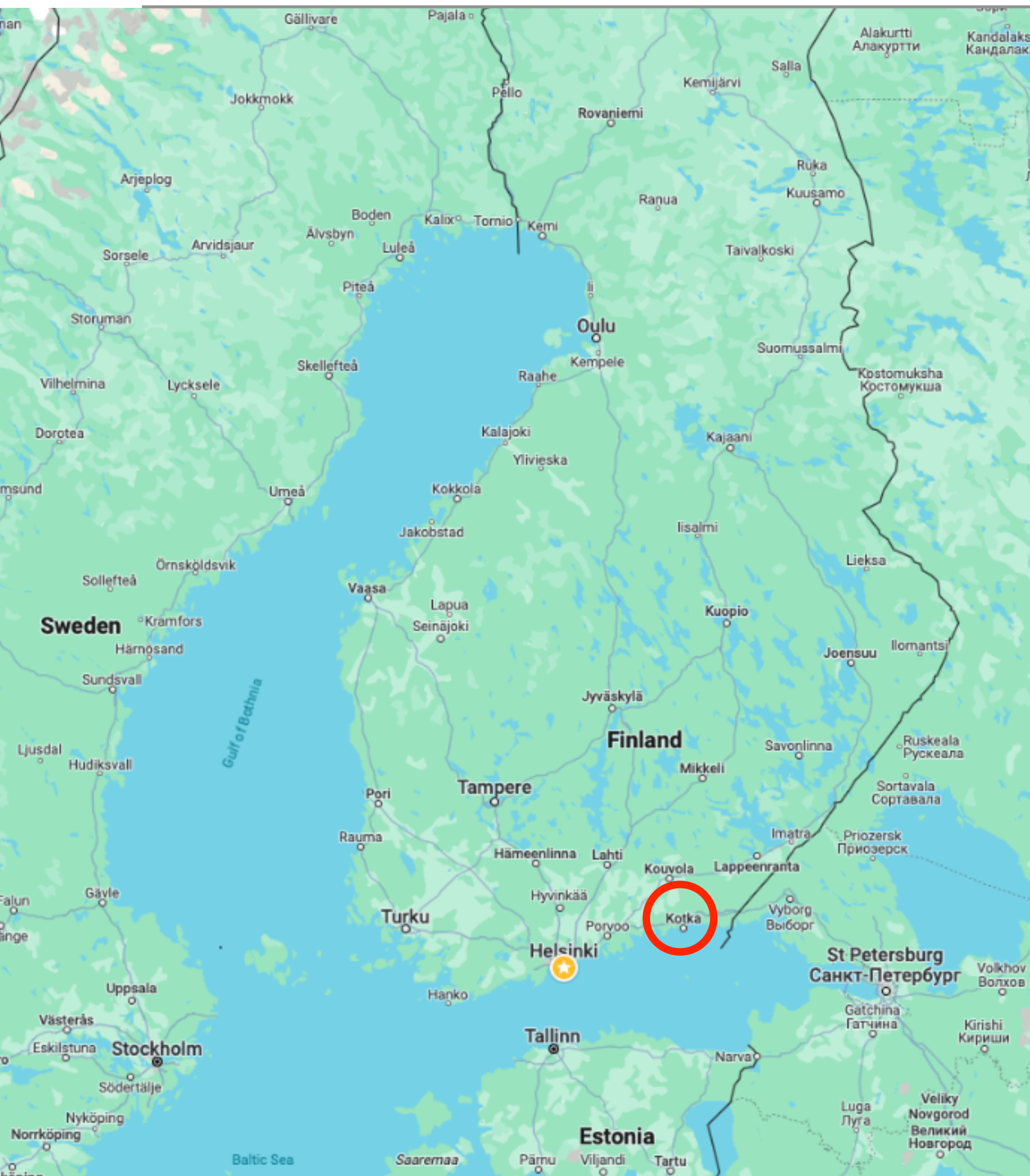


EPP Bench Mark Event weekend 27.-30.9.2024



EPP Bench Mark Event weekend 27.-30.9.2024

24.9.2024



- Kymi-river Kotka, 140 km east from Helsinki
- Meloja 3 koski (EPP WW 3)
- Meloja 3 avokanootti (EPP OC 3)
- 14 EPP delegates and 24 local paddlers



EPP Bench Mark Event 27.-29.9.2024

Friday 27 th

12-15 Arriving Helsinki Airport
14-17 Transportation to Kotka
16-18 Accommodation
19 Dinner for EPP delegates in Latumaja
19-21 Free agenda

Saturday 28 th

8-9 Breakfast
9-10 Briefing and getting ready
10-12 WW level 3, OC level 3 assessments
12-13 Packed lunch
13-17 WW level 3, OC level 3 assessments
18-23 Dinner and social evening

Sunday 29 th

8-9 Breakfast
9-12 Workshops and summary
12-13 Lunch
13-15 Transportation to Helsinki airport



EPP CG meeting 29.-30.9.2024

Sunday 29 th

13-17 CG meeting

17-18 Dinner

18-21 CG meeting

Monday 30 th

8-9 Breakfast

9-12 CG meeting

12-13 Lunch

13-15 Transport to Helsinki airport

15-> Departures



Roles and groups

Saturday there will be four groups with different roles

1. Open Canoe assessment group lead by assessors Jaakko Mäkikylä
2. Open Canoe observer group lead by Kari Hellström
3. White Water assessment group lead by assessors Mika Lähdekorpi and Joose Järvenkylä
4. White Water observer group lead by Jaakko Heikka



Communication

- There is WhatsApp group for communication during weekend.
Please join the group before coming in Finland

<https://chat.whatsapp.com/CAKGr8NULTaGtWIRnwf7vx>

EPP BM event leader: Kai Lindqvist, +358 50 511 363

OC observer group leader: Kari Hellström, +358 40 770 3658

WW observer group leader: +358 50 329 6463



Workshops

- All the participants are invited in Sundays workshops
- Aims for workshops
 - Collect feedback from Saturdays assessment sessions
 - Collect ideas of developing assessment processes
 - Collect ideas of developing EPP framework in WW level 3, OS level 3
 - Share common understanding of EPP framework, especially level 3 WW



Safety

- EPP BM Event is arranged by standards of Finnish paddling safety committees Paddling activities safety guidelines -document
- On water every participant is expected to take care of fellow paddlers
- Every group has leader who take care of group safety. He / she will help you if needed



Safety

- Land based activities every participant is expected to take care his / her own and fellow paddlers safety. It means safe manners especially in sauna and near fire palaces where there is a risk of burning injuries
- Because of the dark and moving water, no nigh time swimming is allowed in the river



Latumaja



Venue

- The most important WW area Southern Finland
- 9 rapids, grade 1 to 2+, withing 1,5 km area
- More WW few kilometres further upstream and downstream
- Perfect for entry level WW, Open Canoe, freestyle and technique training
- Local outdoor community “Latumaja” Club House and Kohina Club House “Kontti” with nice terrace and fire pit + nice cottage for extra accommodation
- 2 Saunas

- Map link: <https://maps.app.goo.gl/j9X26Z4WaTiBiYrr8>



Kontti



Accommodation, meals and gear

- Accommodation is in Latumaja and yard area
- In Latumaja there are 3 bunks (not for tall people) and 3-5 mattresses on a floor
- We have 7 2-3 person tents and camping mattresses
- Four of you bring his / her own tent and camping mattresses, so there will be private tent for every participant
- Bring your own sleeping bag – There are no sheets or blankets
- Catering is arranged by local provider
- We will visit local grocery store in Friday, There is possible to buy snack and drink



Accommodation, meals and gear

- Catering is arranged by local provider (nothing fancy, but simple food to keep you going)
- There will be social evening with local paddlers in local Club house. Dinner, some snacks and two drinks are provided for every participant
- We will visit local grocery store in Friday, so you can buy some extra snack and drink if you want



Accommodation, meals and gear

- Kayaks, canoes, paddles, spraydecks and pfd:s are provided by Finnish federation
- It is recommended to bring your own WW helmet, but it is also possible to get one from local club

- Water temperature will be about 12-15 ° C
- Air temperature will be about 10 - 15 ° C
- There will be some rain and wind according to local weather forecast
- Warm clothing and dry suit / ww jacket is recommended (bring our own) also warm clothing and sleeping bag for nights and evenings is recommended





See You in Finland



More info

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